in love with nature...

Exhilarating days...

Québec maritime is home to several parks that are part of the Parks Québec network, which protects unique natural resources in this region. The Saguenay Fjord, the cliffs of Miguasha (a UNESCO World Heritage Site), the Chic-Choc Mountains and the Bic Islands are among the highlights of these parks. On foot or by boat, alone or with a guide, explore these fantastic sites and appreciate their rich natural heritage and exceptional beauty.

Magical nights...

Looking for luxury or adventure travel? Whatever you choose, Québec's provincial parks and wildlife reserves, all of which are managed by SÉPAQ, offer a wide variety of accommodation options in stunning locations. From wilderness campsites to comfortable hotel rooms, as well as "ready-to-camp" Huttopia tents or tent-trailers, cabins, huts or yurts, the choice is yours!





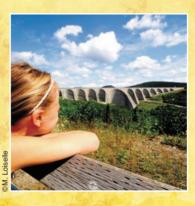


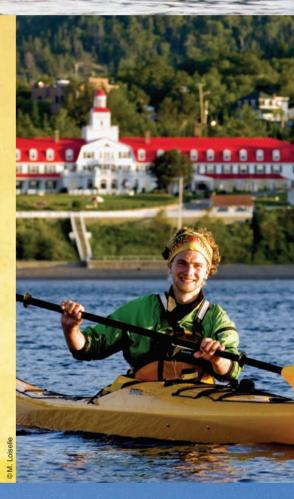
Discover a land of giants...

The Whale Route: A unique scenic route

Manicouagan is a land of giants: the immense St. Lawrence, which stretches from Tadoussac to Baie-Trinité; the Saguenay Fjord and its steep cliffs; Manic-5, the largest dam of its kind in the world; vast forests; not to mention the whales! In Baie-Comeau, the retreating glaciers left their mark on the landscape at the end of the last ice age. The Jardin des glaciers (Garden of the Glaciers) recounts these events in a spectacular multimedia show and on sites that are unique in the world.







Hear the call of the sea.



The Whale Route

QUÉBEC

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The Duplessis region covers an immense wilderness area that encompasses unique attractions such as the Sept-Îles Archipelago, Minganie and Anticosti Island. The Whale Route follows the St. Lawrence through a string of Acadian and Innu villages all the way to Natashquan; from there, only a plane or cargo ship can take you to the remote Lower North Shore. Get ready for a complete change of pace and scenery!







Enter our contest and you could win a trip for two to the Gîte du Mont-Albert hotel in Gaspésie National Park. The trip includes: round trip train travel to Carleton, a credit for a car rental, 3 nights, 3 breakfasts and 3 dinners at the hotel as well as admission to the park.

> Worth \$2500 Contest draw on June 30, 2010, at 3 p.m

Enter now at seeandfeel.ca

si disponible



LE QUÉBEC MARITIME Bas-Saint-Laurent, Gaspésie, Côte-Nord, Îles de la Madeleine

The Gaspé Peninsula is one of 50 of the world's top destinations, places that every traveler should visit in a lifetime.

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National Geographic Traveler (October 2009)

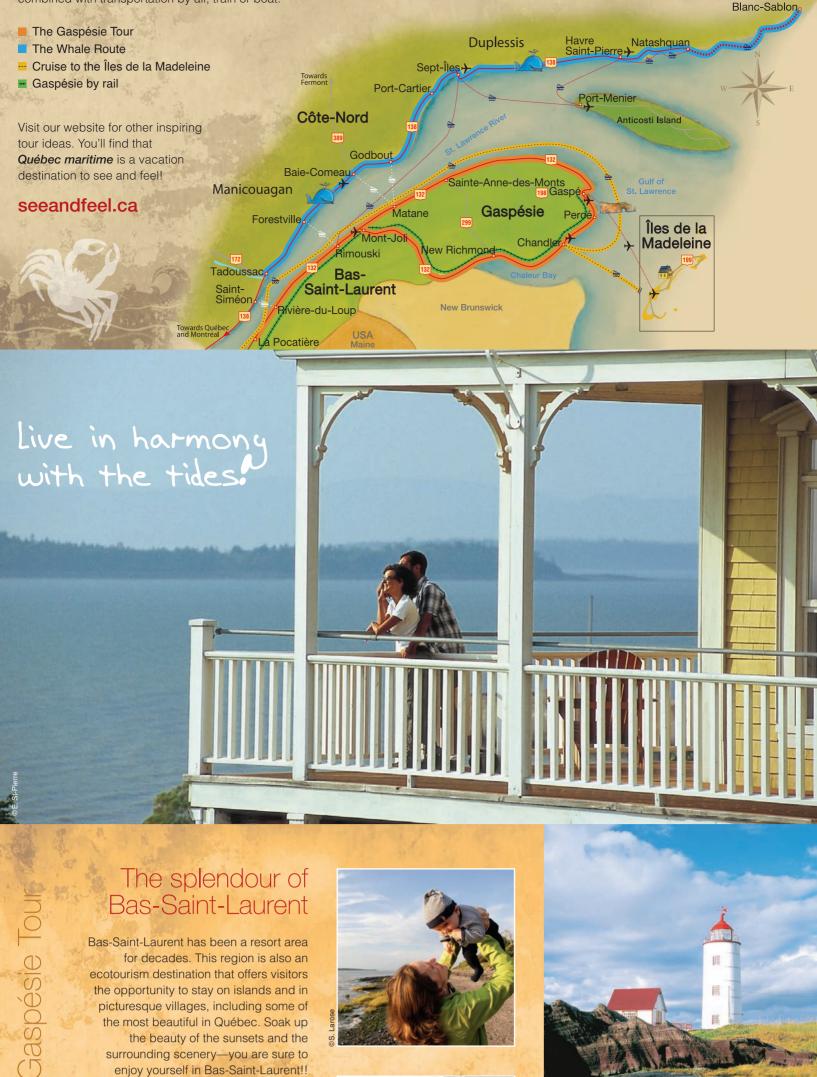


Québec maritime: A vacation destination to see and feel.

www.seeandfeel.ca

1001 ways to explore Québec maritime.

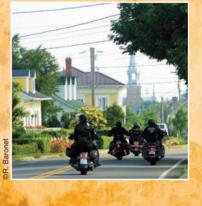
Québec maritime is a vast tourist destination bordered by 3000 kilometres of coastline. It is made up of the regions of Bas-Saint-Laurent, Gaspésie, Côte-Nord (Manicouagan and Duplessis) and the Îles de la Madeleine. The region offers a variety of superb scenic routes combined with transportation by air, train or boat.

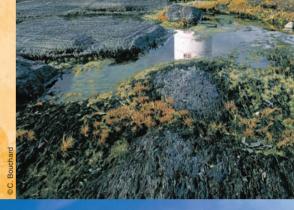


Bas-Saint-Laurent has been a resort area for decades. This region is also an ecotourism destination that offers visitors the opportunity to stay on islands and in picturesque villages, including some of the most beautiful in Québec. Soak up surrounding scenery-you are sure to

the beauty of the sunsets and the enjoy yourself in Bas-Saint-Laurent!!







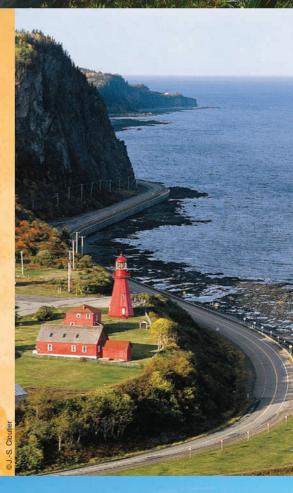
Discover larger than life landscapes...

A blend of sea and mountains

Gaspésie is a spectacular blend of beaches, cliffs, big mountains, and valleys carved by rivers. It is also home to warm and friendly people, who are full of joie de vivre. Come and immerse yourself in local culture, history and storytelling. A welcoming land, Gaspésie offers all this and more!







The Gaspésie Toul

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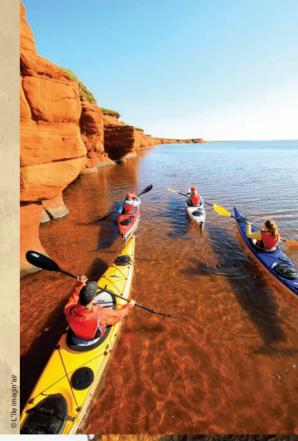
Escape to a breathtaking archipelago.

A spellbinding chain of islands

As soon as visitors set foot on the Îles de la Madeleine, they fall under the spell of this magical archipelago. Dotted with colourful traditional houses, the main road will take you to the Islands' many artist studios and artisan workshops. The Islanders have mastered the art of hospitality, which they inherited from their Acadian ancestors, and look forward to sharing gastronomic, musical and artistic adventures with you.







Explore exceptional sites.



The national parks and historic sites of for exceptional vacation experiences in Québec maritime. Discover stunning vistas and captivating stories. Looking for fresh air or quiet time? The beaches, marine environment, shorelines and hiking trails of Forillon. the Mingan Archipelago and the Saguenay-St. Lawrence Marine

